## HEALTHY AGING WORKGROUP MEETING February 26, 2019 Andrea Raid, Delegate Howard County Health Department Sharif Braxton, Program Coordinator Howard County Local Health Improvement Coalition Christopher Moore, Delegate Howard County Community Resources and Services HOWARD COUNTY HOWARD COUNTY LHIC Least Mealth Improvement Coalition

### **PURPOSE & AGENDA**

GOAL: By the end of this meeting, work group members will review the FY 19 review mid-year outcomes and updated HCHAS data and progress relevant to work group-specific initiatives. Members will become familiarized with services available to older adults through the new Psychogeriatric Coordinator within the Howard County Health Department's Bureau of Behavioral Health.

### AGENDA:

- Welcome & Introductions
- Member Announcements
- FY 19 Midpoint Review and SHIP/HCHAS Data Update
- HCLHIC Educational Action Group Upcoming Programming
- HCLHIC/HCHD Psychogeriatric Coordinator
- Next Steps for full work group and full work group meeting wrap-up

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### **MEMBER ANNOUNCEMENTS** Together SCHEDULE THE PARTY OF THE P HCGH Advance Care and instruction of the control of th Planning Powerful Tools for Caregivers Care the Control of t Virtual Dementia Tour OAI/ALZ Alzheimer's Training and Education Powerful Tools aregivers Chronic Disease Self-Management Resource Guide Seniors Together Group Schedule @hclhic 🔽 🛭

FY 19 M	idpoint Revi	ew
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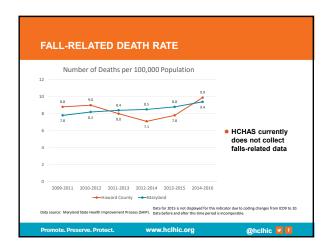
		ERFUL T		
FY19 Course			Annual	
Offerings &	Enrollment	Enrollment	Enrollment	Completion
Locations	Capacity	per Location	Target	Rate
9/11-10/16/18 Ellicott City 50+ Center	12	9	12	100%
10/11-11/15/18 Ellicott City 50+ Center	12	7	12	100%
Totals	24	16	24	100%
	Capacity Percentage:	66.66%		
• FY 18 C	Capacity Percen	tage: 87.5%		·
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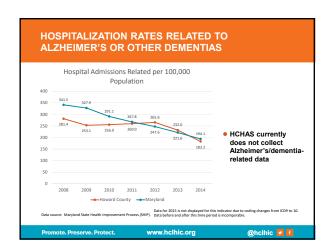
VIRTU	AL DEME	NTIA TOL	JR:
FY19 Course Offerings & Locations	Enrollment per Location	Annual Enrollment Target	Completion Rate
9/12/18 - Community Event at Ellicott City 50+ Center	15	14	100%
10/10/18 - Community Care Team at their office in Columbia	12	12	100%
10/19/18 - 50+ EXPO at Wilde Lake High School	44	34	100%
11/13/18 - Community Event at Ellicott City 50+ Center	10	14	100%
11/16/18 - Community Event at Elkridge 50+ Center	11	14	100%
Totals	92	88	100%
FY 18 Total Enr	ollment: 127		
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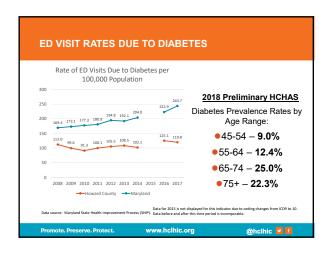
	MEMO	RY CAFE	i:
FY19 Course Offering	Enrollment per Location	Completion Rate	
8/1/18	28	100%	
9/5/18	31	100%	
10/3/18	22	100%	Average Enrollment
11/7/18	26	100%	29.6
12/5/18	41	100%	
Totals	148	100%	
• FY 18 Total Enrol	lment: 300		<ul> <li>FY 18 Average Enrollment: 25</li> </ul>
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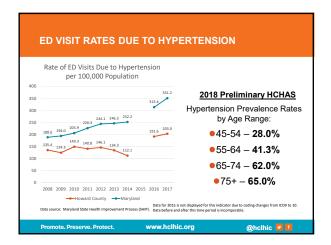
# REMEMBERING WHEN: FY 18: Presentations (# educated) Home Safety Visits (# educated) Smoke Alarms Installed 1045 438 590 FY 19: Presentations (# educated) Home Safety Visits (# educated) Smoke Alarms Installed 1404 255 204 Grant funding for the Remembering When program ended in February HCDFRS is still determining how program components will continue to be offered (if at all) moving forward Promote Preserve Protect. www.hclhic.org

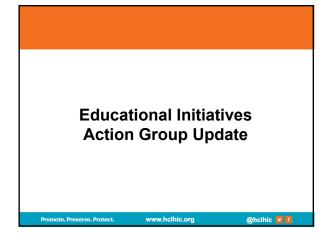
### Updated SHIP Data and Preliminary 2018 HCHAS Findings

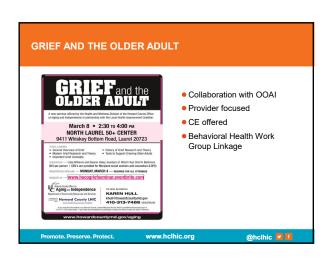
















Heidi Weiss-Beedie Psychogeriatric Coordinator Howard County Health Department

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SAVE THE DAT	E - HCLHIC SPECIAL	SEMINAR
EXERCISE & AGINO	S: EVIDENCE-BASED	APPROACHES
<ul> <li>Date: March 28, 2019</li> </ul>		
• Time: 2:30-4:00pm	and recognitions	
Location: Howard County He		
Barton A&B	., Columbia, MD 20145	
Barton Adb		
Session I: Exercise and Bra	in Health Session II: Exercise	e and Muscle Strength
J. Carson Smith, PhD	Dr. Paul Abosh	
Associate Professor, Kinesi UMD School of Public Healt		tic, P.A.
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NEXT SIE	PS AND WEETING WE	TAP-UP
<u>April</u>	Full LHIC Potomac/Severn	1
	Thursday, January 25	
	8:30 a.m. – 10:30 a.m	
<u>Health</u>	ny Aging Work Group Meetin	<u>na</u>
	Tuesday, May 28	-
	2:30 p.m. – 4:00 p.m.	
	Barton A & B	
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